

Mindful Healing

ACCEPTED INSURANCE OPTIONS

Aetna Allied Benefit System

Aetna AmeriBen

Aetna CoreSource

Aetna EBMS

Aetna GEHA

Aetna Meritain

Aetna WebTPA

Anthem

Apostrophe

Bright HealthCare

Cigna and Evernorth

Forester Source

Friday Health Plans

Justice Reskill Benefit Net

Lucent Health

Medicare

Optum

Oscar Health Plan

TriWest (Service Members Only)

UMR

UnitedHealthcare UHC | UBH



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Now Accepting:

**Velocity
Insurance**

Cash payments will be discussed during initial consult.